



**Department of Streeroga & Prasutitantra**

**SOP'S OF OPERATIVE PROCEDURES**

Original Date: 01-04-2017

Revised Date: 01-03-2023

Post -Operative SOP's-

- Head low position (If Spinal Anesthesia Given)
- Neck raised in Left or Right Lateral Position (If GA)
- NBM
- IV DNS 2 units
- IV RL 2 unit with Pitocin 20 IU
- IV D5% 1 unit
- Inj. Taxim 1 gm BD IV
- Inj. Genta 80mg BD IV
- Inj. Metrogyl 500mg TDS
- Inj. Dynapar SOS
- Inj. Emset 4mg SOS
- Inj. Pan D SOS
- Watch for PV bleeding.
- Watch for TPR/BP
- Maintain Input Output Chart
- Inform SOS



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## Department of Streeroga & Prasutitantra

### SOP'S OF KALKA DHARAN

Original Date: 01-04-2017

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Patient is received in Prasutitantra OPD. After checking of oxygen saturation & temperature at the entrance of hospital According to COVID situation.

1. General examination is done by a Respective consultant.
2. Pt is registered in OPD register
3. Consultant verify the OPD case paper and write down her observation and treatment
4. The procedure is done in OPD
5. Ask the patient to empty the bladder
6. Lithotomy position is given to the patient
7. Vulval toileting with betadine solution
8. P/S or P/V examination is done with all aseptic precautions
9. Drug (Kalka) preparation done according to disease
10. After routine gynecological examination rule out nation any or PID all investigation should done
11. Snehana Swedana
12. Local aseptic care
13. Sterile cloths are covered to abdomen
14. Medicated paste (Kalka) is covered with sterile gauze piece with thread
15. Tail or medicated ghee is used according to disease
16. Medicated paste (Kalka) is placed into vagina
17. Give instructions to the patient keep Kalka for 1hrs to 2 hrs. till the sensation of micturition
18. Remove the Kalka by pilling the gauze thread
19. After the procedure ask to patient to lie in supine position for 10 min then allow to go.



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**Department of Streeroga & Prasutitantra**

**SOP'S OF YONI PICHU**

Original Date: 01-04-2017

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Definition: Dipping of gauze piece in Tail or Ghruta and kept in vagina is called Yoni pichu.

**STANDARD OPERATIVE PROCEDURE**

**MATERIAL REQUIRMENT**

- Sterile gloves
- Gauze piece
- Medicated oil/ Ghruta
- Bowl

**1) PURVA KARMA**

- Take consent for the procedure and evaluate patients' safety before procedure as per pre procedure checklist.
- Patient is advised to empty the bladder.
- Slightly warm oil/ Ghruta.

**2) PRADHAN KARMA**

- **Position-** Dorsal position with thigh flexed.
- Sterile gauze piece will be dipped in medicated oil/ Ghruta and then enter in the vagina.

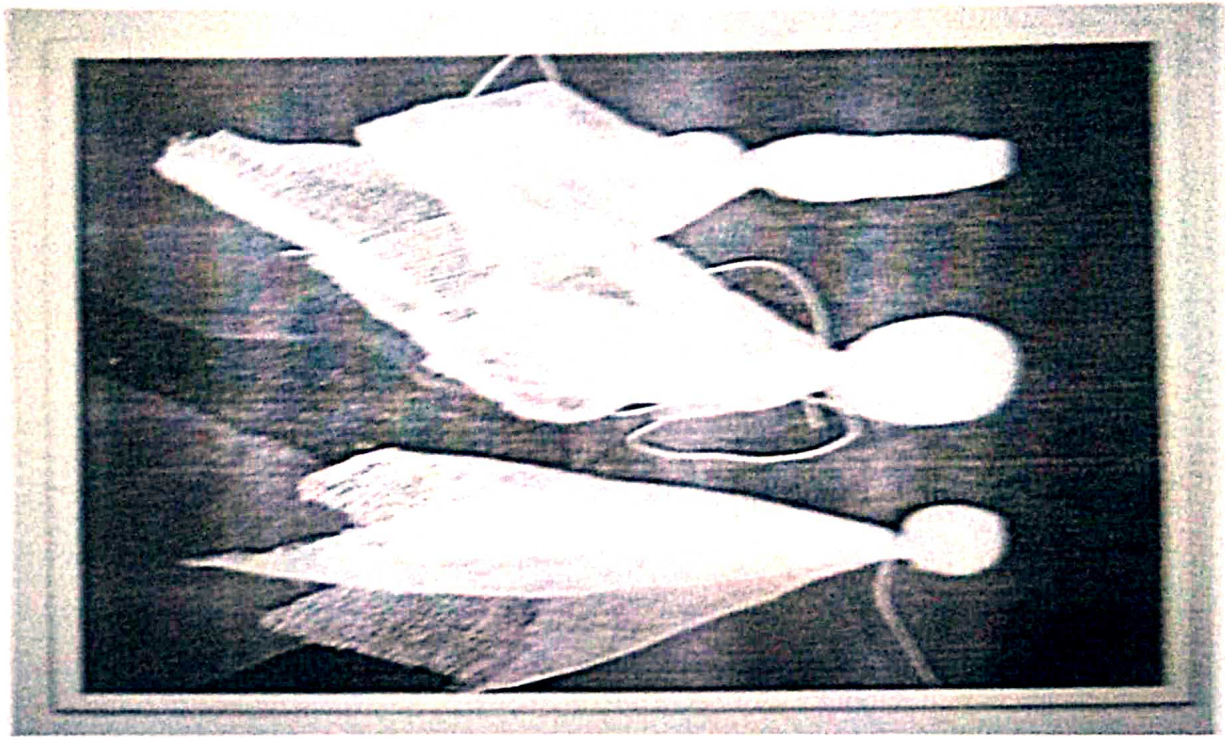
**3) PASHATA KARMA**

- The gauze piece should be removed after 2-3 hrs. or when patient feels urine sensation.
- Post procedure evaluation should be written in patient's file.



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Yoni Pichu



**Department of Nitroeroga & Prasutitantra**

**SOP'S OF UTTAR BASTI**

Original Date: 01-04-2017

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Uttar Basti is a procedure in which medicine in the form of Tail/ Ghrita is made to pass through Yoni into Garbhashaya and through Mutramarga in the Mutrashaya in female.

**STANDARD OPERATIVE PROCEDURE**

**MATERIAL REQUIRMENT**

- Sim's speculum
- Anterior vaginal wall retractor
- Sponge holding forceps.
- Vulsellum
- Uterine sound
- Uttar basti canula
- Syringe
- Sterile gloves
- Gauze piece
- Medicated oil/ Ghrita
- Bowl
- cotton

**1) PURVA KARMA**

- Take consent for the procedure and evaluate patients' safety before procedure as per pre procedure checklist. Whole body abhyanga with medicated oil for 20 minutes.
- SarvangabashpaSweda by Nirgundipatrakwatha for 10 minutes.
- Yoni prakshalana with panchavalkalKwatha.
- Prepare operation theater trolley.

**2) PRADHAN KARMA**

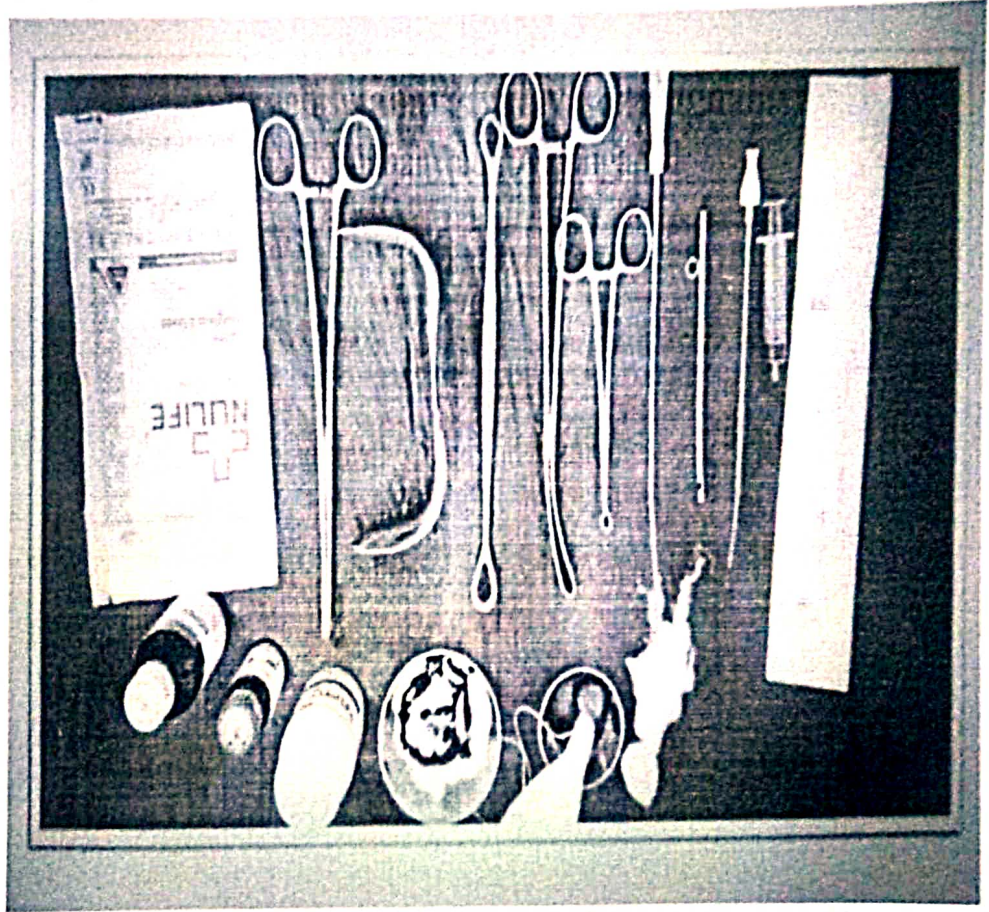
- Position- Lithotomy position
- Painting with aseptic solution at vulva and vagina.
- Visualize cervix by using Sim's speculum and Anterior vaginal wall retractor.
- Catch the anterior lip of cervix by vulsellum speculum.
- Determine length and position of uterus by uterine sound.
- Uttar Basti canula is introduced in the direction or uterine cavity, then 3/5 ml of medicated oil/Ghrita is injected with syringe from other side of canula.
- Remove all instruments.





### 3) PASCHATA KARMA

- Patient is given head low position for 15 min.
- Post procedure evaluation should be written in patient's file.



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## Department of Streeroga & Prasutitantra

### SOP'S OF YONIPRAKSHALANA

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This is the special procedure with which asepsis is produced. This can be correlated with irrigation of vagina or douche.

#### STANDARD OPERATIVE PROCEDURE

##### MATERIAL REQUIRMENT

- Sterile gloves
- Gauze piece
- Cotton
- Kwatha
- Douche can
- Vaginal nozzle
- Sponge holding forceps.

##### 1) PURVA KARMA

- Take consent for the procedure and evaluate patients' safety before procedure as per pre procedure checklist.
- Patient is advised to empty the bladder.
- Prepare Kwatha

##### 2) PRADHAN KARMA

- **Position-** Dorsal position with thigh flexed.
- Vaginal nozzle will be inserted in vagina without lubrication.
- Then slowly wash with 500 ml medicated Kwatha in clockwise and anticlockwise direction.

##### 3) PASCHATA KARMA

- Patient is advised to cough for expulsion of the remaining Kwatha from vagina.
- Clean the vulva and vagina with gauze piece.
- Post procedural evaluation should be written in patient's file.



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**SOP'S OF YONI DHAVANA**

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- 3) Pt is registered in OPD register
- 4) Consultant verify the OPD case paper and write down her observation and treatment
- 5) The procedure is done in OPD
- 6) Ask the patient to empty the bladder
- 7) Lithotomy position is given to the patient
- 8) Vulval toileting with betadine solution
- 9) P/S or P/V examination is done with all aseptic precautions. Drug (Kalka) preparation done according to disease.
- 10) In this procedure vaginal canal, fornixes, cervix are washed with medicated Luke warm Kwatha.
- 11) 1000 ml kwatha is taken
- 12) Procedure is conducted in all aseptic precautions.
- 13) Keep patient in observation for half hour.
- 14) After that consultation reexamine the patient for all vital sign and allow to go.



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